Reading Process:

- 1. Survey or preview the chapter. Look for headings and subtitles to see the arrangement/organization of the chapter content. Look at graphs, pictures, charts, etc. and read the captions.
- 2. Attempt to outline the headings and subtitles to units of 6-8 pages.
- 3. Reword headings into question format.
- 4. Read and underline or highlight major points only.
- 5. Close book and recite major points.
- 6. Answer heading questions.
- 7. Repeat the skim, question, read-recite steps. This time begin your review two thirds through the chapter to completion and finalize with review of the first third.
- 8. Repeat the skim, question, read-recite steps. Focus on topic sentences. Begin with the final one-third of chapter to completion and finalize with the first and second thirds.

General Tips:

- 1. If the text provides a summary or conclusion section, read it immediately after the introduction paragraph. Then, read the introduction again and proceed as text presents material.
- 2. Look for essential words, which are usually in bold face print.
- 3. Create a vocabulary word stack for unfamiliar words. Look up the word immediately and write the definition on the back of the card. Use it as a study tool to question yourself.
- 4. Locate a similar text at the library. If you are not able to comprehend your reading assignment, a supplemental text may clarify your understanding of the material.
- 5. Read aloud during at least one review of material.
- 6. Change your body position about every 20 minutes.
- 7. When highlighting your text, mark only after reading a section. This will allow you to choose the main points and not mark the same ideas twice. Don't just rely on your highlighter when you study for a test.
- 8. Associate new ideas with old ones-compare and contrast.
- 9. Analyze material as soon as you have finished reading it. Identify key points or main ideas and their supporting evidence.
- 10. Use what you have learned-soon and often. Teach it to someone else.
- 11. Read in an environment free from distractions. Close the door. Turn off the television and stereo.
- 12. Have good light coming over your shoulder. Sit straight with the book resting on the table or in your hands.
- 13. Plan reading sessions for times when your energy and concentration are high.
- 14. Integrate text and lecture notes.
- 15. Speed and comprehension will increase if you read in meaningful phrases. Do not mouth words when reading to yourself.



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